

Go Outside

Capture the Flag

What you need:

2 Flags

Large area outside

How To Play

There are two teams and each one has their “territory.” Boundaries are important because if someone from the other team crosses them, they can be caught so make sure everyone knows each team’s boundaries. Pick a jail area for each team where caught players will be kept. Each team chooses an area to place their flag. It must be visible and they can’t move it once they place it. There is a safety zone for 20 feet around the flag that can not be entered unless someone from the other team has already entered. Each team is trying to capture the other team’s flag without being tagged. The first team to do this wins the game. Some players stay close to the flag to guard it while others are trying to capture the flag. One person from jail can be freed at a time by having their teammate come tag them free.

Tip: This game is really fun when you play in an area with trees, bushes and hills.

