

Go Outside

Follow the Leader Relay

What you need:

Outside area

How To Play

One person is the leader while the others split into two teams. The leader and the players stand at opposite ends of the field. The teams stand in single file lines. The leader calls out commands to the two teams like “jumping jack”, “spin” or “hop on one foot.” They advance forward until “freeze” is called by the leader, followed by a new command. Once players make it across the line where the leader is, the next player can start. The first team to get everyone over the finish line wins.

