

# Go Outside

## Jump Rope Water Splash

### **What you need:**

1 long jump rope  
4 plastic cups  
Water



### **How To Play**

Give everyone a plastic or paper cup full of water. While two players twirl a large jump rope, jumpers one by one are to attempt three consecutive jumps. They are to do this while holding onto their cup of water and trying not to let any water spill. The person that has the most water left is the winner. You can keep playing until only one person has water left in their cup.