

Go Outside

Three Ball Relay

What you need:

3 balls per pair (rubber or balloons)

How To Play

Players pair up. Each pair needs three balls.

To play, partners put a ball between their heads and a ball between each person's knees. Players have to race to the end of the playing field without dropping the balls.

If a ball drops, they must take three giant steps backwards and start from there.

The first team to finish wins.

