

# Go Outside

## Tug Of War



### **What you need:**

1 large rope

### **How To Play**

This game is simple but fun. Divide into two even groups. Tie a knot in the middle of the rope and position it directly in between two lines on the ground. Each team lines up and grabs their side of the rope. No wrapping the rope around wrists or hands. On GO both teams try to pull the rope until one team manages to pull the knot over their line on the ground. The first team to do this wins!