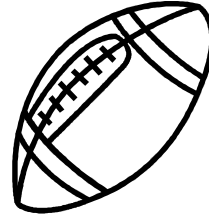


Go Outside

Underwater Football



What you need:

1 football
Pool

How To Play

Set up two teams and decide who gets the ball first. Start at the center of the pool with both teams lined up in position. When a play takes place all players must be underwater. The ball can only move with a player underwater. Any player that comes up during a play is out of the play. Teams get four tries to move the ball to the other side of the pool for a touchdown. When a player is tagged carrying the ball the play is stopped. If they are not successful after four tries the other team gets the ball at that position. The team that has the most points at the end of the game wins. You should consider swimming goggles since there is a need to see underwater.