



Wet Shirt Relay Race

What you need:

- 1 T-shirt per team
- 1 bucket of water

How to play

Dip the t-shirts into the bucket of water.

When the relay race starts, the first person on the team must put the wet shirt on and run to their teammate.

They must then remove the t-shirt, hand to next teammate and they must put on the wet shirt.

Continue until everyone on the team has taken a turn.