

Go Outside

Wet Sweatshirt Dunk



What you need:

2 buckets of water
2 large sweatshirts

How To Play

Divide up into teams and players should have clothes on that they can get wet in. Each team should have one sweatshirt and one bucket full of water. Place buckets at the start of the line and the first person on each team is to dunk the sweatshirt into the bucket, put on the sweatshirt, run down the field and back and take off sweatshirt. The next player on that team will do the same. You can allow them to try and take off the sweatshirt while they are running back to the next player. For added fun why not make it a whole sweat outfit with large sweatpants and sweat shirt. Remember it has to be re-dunked before the next player puts on the sweats.